

# COMMUNITY

## Compass

Your Guide to Volunteering in the Noosa Hinterland



Pomona & District  
Community House

# Volunteering & Active Citizenship

Volunteering and active citizenship plays a fundamental role in enhancing the social, economic, and environmental wellbeing of our communities. It is also how we build strong resilient communities. Social connection is how we thrive.

Volunteering in your community can be a regular commitment or a flexible offering that suits your lifestyle, your schedule, your interests, and skills. This Community Compass will assist you in discovering how you can be a part of building a stronger, more vibrant community in the Noosa Hinterland.

## Committee Volunteering

Volunteer organisations create thriving communities by fostering a culture of collaboration, compassion, and empowerment, where individuals come together to address local needs, build meaningful connections, and make a positive impact.

Did you know that many of our local not-for-profit organisations and groups are managed by community volunteers? Yes, they are! To operate their services for the community, these organisations require an 'executive committee'. The executive committee is a requirement of each organisation's constitution and is comprised of a President, Treasurer, and Secretary, elected at the yearly Annual General Meeting (AGM).

Joining a committee and contributing your skills is a fantastic way to be an active citizen and contribute to your community.

The 2025 Community Compass edition was made possible by the assistance from Sandy Bolton MP, the State Member for Noosa, and Cooroy Rag Community Newspaper.



## Who is Pomona & District Community House?

Pomona & District Community House (PCH) is a not-for-profit neighbourhood centre supporting Pomona and the surrounding hinterland towns.

PCH facilitates social connection, information sharing and community empowerment through a wide variety of collaboratives initiatives, inclusive and diverse services, programs, and shared spaces.

We are always open to new faces joining us as volunteers whether you have time weekly or a few minutes to spare here and there, washing the dishes when you drop by, picking a bunch of flowers from the community garden for the verandah table, or driving a new friend to a social group - **we are happy to see you!**

**Ways to Volunteer:** • Front counter hosts  
• Community garden

- Community events
- Start a social group



Volunteering strengthens community bonds, fosters personal growth, and brings meaningful change. It's a powerful way to give back while gaining new skills and friendships.

Some of the most powerful stories that reveal the best of humanity arise when we give our time to help others.

Even small contributions can leave a lasting impact on individuals, groups, clubs, and uplift entire communities."

*Sarah, Cooroy Rag.*

"Volunteers are the backbone of our community, providing services and activities that make our home so fabulous in all ways! If you love where we live, please connect with any of our not for profits (we have nearly 400!) to ignite your passions, address genuine needs and meet many wonderful new friends."

*Sandy Bolton.*

Pomona & District Community House acknowledges the traditional custodians of the land on which we gather, the Kabi Kabi peoples; we pay our respects to the elders, ancestors, land, and seas.

PCH acknowledges Aboriginal and Torres Strait Islander People's way of knowing, being and doing, and respect their continuing contribution to Country, life and education.

**Community Compass:**  
Your Guide to  
Volunteering in the  
Noosa Hinterland is  
presented to you by  
Pomona & District  
Community House



## Australian Independent Retirees (A.I.R)

P: 0478 479 049 E: [airnoosasecretary@gmail.com](mailto:airnoosasecretary@gmail.com)  
W: [independentrepreneurs.com.au](http://independentrepreneurs.com.au) F: [airnoosa](https://www.facebook.com/airnoosa)

We are a national not-for-profit volunteer group providing advocacy and information for partly and fully self-funding retirees.

### Ways to volunteer:

Assistance with running meetings including audio visual and publicity.



## Cooran Organic Garden (COG)

A: King Park, Kings St, Cooran by the roundabout.  
E: [coorancog@gmail.com](mailto:coorancog@gmail.com) F: [CooranOrganicGarden](https://www.facebook.com/CooranOrganicGarden)

Cooran Organic Garden is a harmonious, fun, friendly, creative and inspiring space for the growing of fruit and vegetables. We meet every Thursday 3.30 - 5.30pm in the garden for a catch up and weeding, tidying, mulching. Working bee held every 3rd Sunday 07.30 - 10.30am with a morning tea.

### Ways to volunteer:

Come along to our open sessions and get your hands dirty. DIY skills welcome or join the committee. Centrelink approved volunteer organisation.



## Cooran Memorial School of Arts

E: [bookings@cooranhall.org.au](mailto:bookings@cooranhall.org.au)  
W: [cooranhall.org.au](http://cooranhall.org.au) F: Cooran Acoustic Night

Cooran Memorial School of Arts is a much-loved hall in the Noosa Shire that serves as a vibrant community hub and the home of the Cooran Acoustic Night. Available for hire for weddings, concerts, functions, classes and events.

### Ways to volunteer:

- Come and learn sound and lighting skills
- Help on the committee.



## Cooran State School P&C and Tuckshop

E: [pandc@cooranss.eq.edu.au](mailto:pandc@cooranss.eq.edu.au)

Cooran State School P&C is a vibrant and dedicated group of parents working to fundraise for student facilities and curricular/extracurricular activities.

Volunteers will need a current Blue Card.

### Ways to volunteer:

- Help at Tuckshop 9-1pm Fridays
- Donations for fundraising e.g. Mother's and Father's day stalls, food/drink for Halloween disco



## Comlink Companions

P: 07 5390 1218  
E: [companions@comlinkaustralia.com.au](mailto:companions@comlinkaustralia.com.au)  
W: [comlinkaustralia.com.au/volunteer/](http://comlinkaustralia.com.au/volunteer/)

Comlink Companions provides one-on-one companionship opportunities to seniors who'd like to make new friends. We link participants with a like-minded, regular visitor for friendship and connection.

### Ways to volunteer:

- Companionship visitors
- 2 hours a fortnight, face-to-face visiting in your local area



## Cooroy Pomona Lions Club

A: 2 Mountain St, Pomona  
E: [lionscooropomona@gmail.com](mailto:lionscooropomona@gmail.com)  
W: [clions.org.au/cooropomonalionsclub](http://clions.org.au/cooropomonalionsclub) F

Cooroy Pomona Lions Club provides assistance to individuals with disabilities, seniors, youth, and those facing financial challenges. All proceeds collected by our club are channelled towards supporting local community initiatives and Lions projects.

### Ways to volunteer:

- Community and sporting events • Event Marshalling • Market BBQ • Lions Bookshop • School Breaky Club • Containers For change



## Cooroy Chamber of Commerce

W: [cooroy.com.au](http://cooroy.com.au) F: [cooroychamberofcommerce](https://www.facebook.com/cooroychamberofcommerce)

Pomona Chamber of Commerce amalgamated with Cooroy Chamber of Commerce this year.

The Chamber of Commerce is committed to supporting businesses in the hinterland region towns; fostering local business growth and community spirit.

### Ways to volunteer:

- Join the committee
- Help out at events



## Katie Rose Cottage Hospice

P: 5471 1468 E: [admin@katierosecottage.org.au](mailto:admin@katierosecottage.org.au)

W: [katierosecottage.org.au](http://katierosecottage.org.au)

F: [F](https://www.facebook.com/KatieRoseCottageHospice) [I](https://www.instagram.com/katierosecottagehospice/) Katie Rose Cottage Hospice

Katie Rose Cottage Hospice is a palliative care hospice on the Sunshine Coast providing care and support to patients with terminal illness and their families at no charge.

### Ways to volunteer:

- Volunteers needed in all op shops
- Hospice garden & maintenance
- Housekeeping & personal care



## Cooroy Noosa Genealogical & Historical Research Group Inc.

A: Heritage Centre, 17 Emerald Street, Cooroy

E: [info@genealogy-noosa.org.au](mailto:info@genealogy-noosa.org.au)

W: [genealogy-noosa.org.au](http://genealogy-noosa.org.au)

We collect, promote, and encourage the study of family history, heritage and local history. We provide access to and guidance to the use of the major genealogy databases.

### Ways to volunteer:

- Meet and greet
- Front desk & data entry
- BBQ
- IT management
- Library & administration



## Kin Kin Community Group

P: 0437 990 189

E: [office.kkcg@gmail.com](mailto:office.kkcg@gmail.com) F: [I](https://www.facebook.com/KinKinMarket) Kin Kin Market

The Kin Kin Community Group is deeply committed to inclusivity, fostering a sense of belonging among locals of all ages, from infants to pensioners. They organise a plethora of local events and workshops, providing opportunities for engagement and enrichment.

### Ways to volunteer:

- The Kin Kin Market



## Cooroy Rag Community Newspaper

A: 17 Mary Road, Cooroy

E: [advertising@cooroyrag.com.au](mailto:advertising@cooroyrag.com.au)

W: [cooroyrag.com.au](http://cooroyrag.com.au) F: [I](https://www.facebook.com/cooroyrag) cooroyrag

For more than 60 years, the Cooroy Rag Newspaper has been a staple in the community and continues today to reflect its views, champion its causes, celebrate its people and sustain its way of life. 8,000 copies of this free newspaper is distributed across the hinterland every three weeks.

### Ways to volunteer:

- Management committee membership
- Submission of articles
- Delivery



## Majestic Theatre Pomona

P: 5485 2330 E: [admin@themajestictheatre.com.au](mailto:admin@themajestictheatre.com.au)

W: [themajestictheatre.com.au](http://themajestictheatre.com.au)

F: [F](https://www.facebook.com/themajestictheatre) [I](https://www.instagram.com/themajestictheatre) majestictheatrepomona

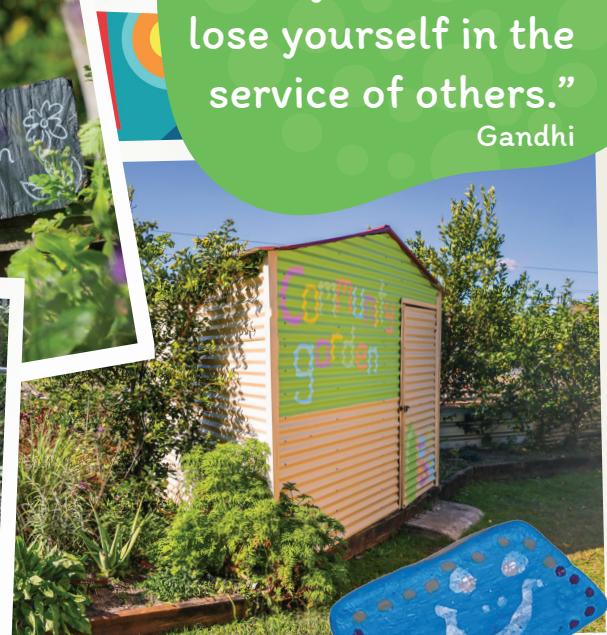
The Majestic Theatre screens silent movies and serves as an artistic theatrical space for many local not for profit groups. It is also an important place for local and international musicians and performers to showcase their work.

### Ways to volunteer:

- Hospitality service
- Event management
- Marketing, digital & social media
- Sound and lighting, theatre drama practitioners
- General building maintenance & administration



“Alone we can do so little, together we can do so much.”  
Helen Keller



“The best way to find yourself is to lose yourself in the service of others.”  
Gandhi



## Mens Shed Pomona

A: 1 School Street, Pomona

P: 5348 6001 E: mensshedpomona@gmail.com

W: mendsshedpomona.com.au F: mensshedpomona

The Men's Shed Pomona provides a friendly place for people to mix in a diverse range of activities. Our general objectives in providing this are as wide as the interests of our members and include manual arts, creative arts, intellectual activities, and community contributions.

### Ways to volunteer:

- Share your knowledge and skills
- Become a member



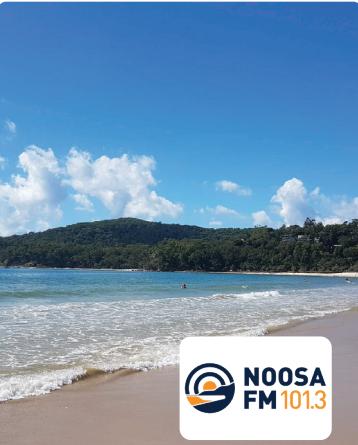
## Noosacare Inc.

P: 5454 6604 E: dtsupervisor@noosacare.com.au

W: noosacare.com.au F: Noosacare inc.

Noosacare Inc. is an aged care facility that consists of two sites; Tewantin and Cooroy. We have a large group of volunteers who come and spend time, share some love and help keep our residents spiritual, emotional and physical wellbeing alive and flourishing, we always are looking for the next amazing volunteer to join the NoosaCare family!

**Ways to volunteer:** Spend a hour or a day with the assistance of the Lifestyle Team and make our residents smile and laugh



## Noosa FM101.3

A: 60 Noosa Drive Noosa Heads P: 5447 2233

E: reception@noosafm.org

W: noosafm.org F: noosafm

We use radio to promote connection in our community. We invite you to help us do it. We offer training for those interested in 'on air' or behind the scenes.

### Ways to volunteer:

- On air presenters • Receptionists - administration
- Technical and production
- Promotion, fundraising, grant writing



**ALL IN. ALL FRONTS.**



## Noosa State Emergency Service

P: 0415 989 990 F: Noosa SES Unit

E: warren.kuskopf@ses.qfes.qld.gov.au

Emergency first responders to storm, flood, emergency, disaster, missing person search, assisting Queensland Police Service, Queensland Fire and Emergency Services, Noosa Council and the Noosa Community.

### Ways to volunteer:

- Assist with emergency first response to storm/cyclone/flood damage
- Assist with incident management, administration, IT, traffic control, land search



## Noosa Women's Shed

A: Rotary Way off Wallum Lane, Noosa Heads

E: noosawashed@gmail.com

W: noosawomensshed.com.au

F: NoosaWomensShed

We are a group of women that come together to learn tool-based skills. We share knowledge, companionship, and advice. This improves members confidence and wellbeing. It also helps maintain their sense of independence.

### Ways to volunteer:

- Grounds maintenance

## Pomona & District Kindergarten Association Inc

E: admin@pomonakindy.com.au

W: pomonakindy.com.au F: PomonaKindergarten

Pomona & District Community Kindergarten is a nurturing, inclusive, and vibrant learning space in Pomona. Housed in a charming heritage-listed building, it fosters curiosity, creativity, and play-based education for young learners.

### Ways to volunteer:

- Gardening and yard maintenance, sewing, reading to children, sharing skills with children



## Pomona District Meals on Wheels Inc

A: 6 Reserve St Pomona P: 5485 1777  
E: admin@mowp.org.au W: mowp.org.au

Meals on Wheels Pomona offers freshly cooked local produce meals on Mondays, Wednesday and Fridays to senior citizens over 65, or those recovering from surgery. Fresh local meals delivered with a friendly smile. They also offer frozen meals for the days in between or as weekly supply. Help out and make friends while cooking.

### Ways to volunteer:

- Kitchen assistance
- Delivery drivers

## Pomona Railway Station Gallery

P: 5485 2950 A: 10 Station St, Pomona  
E: enquiries@pomonagallery.com.au  
W: pomonagallery.com.au  
F: pomonarailwaystationgallery

Our community-run Gallery offers a beautiful heritage setting and gardens to display the work of local emerging and established artists and artisans.

### Ways to volunteer:

- Meet and greet during gallery open hours
- Retail sales

## Pomona State School P&C Association

A: Pomona State School, Station St, Pomona  
E: pomonasspandc@gmail.com

The Pomona SS P&C is a passionate group of parents and community members committed to building a strong sense of connection between our school, students, families, and the wider community. We support the school by fundraising and organising events that bring people together.

### Ways to volunteer:

- Tuckshop and breakfast club
- Fundraising
- Fêtes, discos & other school events



## PTSD Dogs Australia Ltd

E: admin@ptsddogs.org.au  
W: ptsddogs.org.au F: ptsddogs

At PTSD Dogs, we rescue and train dogs to be psychiatric assistance dogs for veterans and 000 First Responders with PTSD (Post Traumatic Stress Disorder).

### Ways to volunteer:

- Dog Foster Carers
- Event volunteers



## SevGen

E: terri@sevgen.com.au W: sevgen.com.au F: SGW2012

SevGen is a self-determined social enterprise charity with DGR status. A well-regarded reputable organisation that's sustained for 12 years. Its unique 3E model underpins the eco system that offers diverse services, products, and opportunities for the communities it supports.

**Ways to volunteer:** • Conservation land management • Farm work • Tourism (event staffing, tour guiding) • Hospitality (barista, front of house, chef) • Cleaning • Administration • Project planning • Grant writing • Bookkeeping and more



## Smart Pups

A: 136 Verrierdale Rd, Verrierdale  
E: enquiries@smartpups.org.au  
W: smartpups.org.au F: smartpups

Smart Pups is a not-for-profit organisation dedicated to the training, and placing of assistance dogs with children who have Autism, Epilepsy, Diabetes, and mobility conditions. A Smart Pup can boost a child's confidence, enhance vocabulary, reduce anxiety, prevent meltdowns, and improve sleep patterns.

### Ways to volunteer:

- Fundraising and events
- Administration
- Kennel assistance



## Sunshine Coast Riding for the Disabled

A: Monak Rd, North Arm P: 5472 7280  
E: admin@scrda.org.au W: scrda.org.au

Sunshine Coast Riding for the Disabled (RDA) Inc. is a not-for-profit organisation providing equine-based therapeutic and recreational riding and driving programs for all members of the disability community on the Sunshine Coast, Queensland.

### Ways to volunteer:

- Horse care
- Maintenance
- Cleaning
- Fundraising



## Tall Trees Art Inc

E: talltreesincooran@gmail.com  
W: talltreesart.com F: talltreesart

Tall Trees Art Inc. is a non profit community organisation who undertakes to develop and nurture artistic pursuits and interests throughout the community. It does this through the two day Tall Trees Art Exhibition held annually in over 10 venues in Cooran, as well as professional development opportunities throughout the year.

### Ways to volunteer:

- Planning and production
- Set up and take down
- Join the curation team
- Administration & artwork sales
- Visitor guide



## The Kin Kin Market

P: 0408 275 216  
W: thekinkinmarket@gmail.com

The Kin Kin Market serves as a platform for local individuals to showcase and sell their products and produce, thereby bolstering community cohesion and supporting local entrepreneurship.

### Ways to volunteer:

- Helping in the canteen
- Setting up workshops
- Weeding gardens
- Helping sports afternoons
- Sorting through recycling bins
- Sorting the shed



## The Noosa Shire Museum

A: 29 Factory St, Pomona P: 5485 1080  
E: info@noosamuseum.org.au  
W: noosamuseum.org.au F: noosashiremuseum

The Noosa Shire Museum is a not-for-profit organisation run by volunteers, and houses a large collection of objects, photographs, and family history. Training is provided.

### Ways to volunteer:

Volunteers are always needed and a wide range of skills and knowledge welcomed. Help with events and activities. Displays, school tours and data entry.



## WILVOS [Wildlife Volunteers Ass. Incorp.]

P: 24-hour hotline: 5441 6200  
W: wilvos.org.au

WILVOS operate a 24-hour hotline for the public to contact if sick, injured, orphaned or stressed wildlife are found. Full training provided.



## Volunteering Queensland

W: volunteeringqld.org.au F: volunteeringqld

We are the lead voice for volunteering in Queensland. As the state peak body, we are dedicated to advancing and promoting volunteering for the economic, social, cultural and environmental wellbeing of our state. We encourage volunteers to find volunteering opportunities by connecting with community organisations, through Volunteering Sunshine Coast or via the thousands of opportunities listed on our website.

# COMMUNITY *Compass* 2025

Online  
Community Compass



Pomona & District  
Community House

**“Community spirit at its best”**

Get in Touch



Pomona & District Community House  
A: 1 Memorial Ave, Pomona P: 5485 2427  
w: pomonacommunityhouse.org.au