What's On

Pomona & District Community House

Nov/Dec2026 & Jan2027



The Social: arts, eats & chats (12-17 years) keeping the Kindness Rock project going. A nice reminder for us all.

Pomona & District Community House

Your not-for-profit neighbourhood centre in the Noosa Hinterland.

Pomona & District Community House acknowledges the traditional custodians of the land on which we gather, the Kabi Kabi/Gubbi Gubbi people; we pay our respects to their Elders, ancestors, land and seas.

Scan to visit website for events, services, volunteer and more.

Open Tuesday to Friday 9.00am-4.00pm

Follow us on Facebook

What's coming up at PCH?

Thursday, 19 November

PCH Members connect and AGM

Saturday, 12 December

Christmas Wreath Making
Free workshop for all ages
(under 16yrs need their adult present)

25 November - 10 December

16 days of activism against gender-based violence.
Zonta Club of Noosa 'Walk against Violence' - Sunday, 29 November 8:30am Lions Park, Noosaville

PCH Holiday Close

Community House Office close

Last day open Friday, 18 December

Re-open Tuesday, 12 January

Many regular groups still meet when the office is closed see pages 12 & 13

Pomona & District Community House

07 5485 2427
1 Memorial Ave, Pomona

pomonacommunityhouse.org.au

Community House Office Close

We close from 4pm Friday, 18 December and re-open 9am Tuesday, 12 January.



Regular Groups

Many of the regular groups still meet during the office close. Check out pages 12 & 13, so you can stay connected.

Community Support Services

Services Providers who are weekly onsite at Community House will not be available during the Community House Office close. See Noosa Council's website for support. noosa.qld.gov.au/Community/Community-support/Social-Services

Pomona & District Community House has been operating for nearly 30 years and largely thanks to locals volunteering their time for community. The regular social groups are offered by local community members with an interest they are keen to share with others; and where would we be without our front counter host volunteers.

PCH receives Qld Government funding under the Neighbourhood Centres Initiative. This is core base funding delivering social connection, information and community empowerment. Noosa Shire Council provides the Old Station Master 'Community House' and the Lawson Shed and a Halls & Centres Grant. Various events and programs are often funded via Noosa Council Community Grants, other government/organisation grants or delivered by volunteers.

Queensland Government

NOOSA Council

PCH does not receive Emergency Relief funding and the stocking of our pantry is thanks to our local businesses, other nfp organsiations, and community members.

Dear Community,

We're excited to have local artists Wendy and Virginia back again this year with their Christmas Wreath Making Workshop on Saturday, 12 December. A great way to take some time out to create and chat, plus you get to take your wreath home. Bring your friends, your neighbours, your family or come alone and make new connections. All ages and abilities welcome.



Congratulations to the Pomona State School 2026 Readers Cup Team, who won State Finals! Lets take a leaf out of their book and consider grabbing one these holidays. Enjoy a chance to slow down, unwind and enjoy another's story. Cathie shows us some great reads here in the Library Kiosk at Community House or drop by the Noosa LIbraries mobile bus on Saturday mornings in Pomona.



As we head into the holiday season (and the storm season) let's remember to watch out for each other. This is not always a great time of year for everyone, so perhaps a small random act of kindness can brighten someone's day and remind them they are valued.

We see these thoughtful and meaningful acts often at Community House. A gift of washing the dishes, a kind word, a smile, a chat, having a cuppa made for you, drawing a picture for someone, playing some music, sharing a laugh, or leaving a painted rock with a message in our garden or window seal.. Check out the list Heather found to get us started with the ripples of kindness (see page 11).

A heartfelt shout-out to our wonderful Unravellers Knitting Group, whose generosity and creativity bring comfort to our community all year round. From colourful hand-knitted scarfs for winter, to clever cotton neck coolers that can be dampened with water for hot summer days, the Unravellers have us covered!



Thank you to all our amazing front counter host volunteers, garden volunteers, equity resourcing program volunteers, events, creatives, social groups, and young people peer volunteers; the management committee volunteers who take on responsibility for the governance and strategic vision; the students who come join us for their placement; and the staff who always go above and beyond. What a year hey. See you in 2027 to keep growing with community.

with kindness, PCH Team

PCH Community Support Worker



Community Support Worker (Social Work)

Informed by the principles of human rights and social justice Miatta utilises a strengths-based approach in community support that recognises human dignity, personal agency, and individual goals for wellbeing, while providing advocacy, and support to address systemic barriers to inclusion. Miatta works alongside community in individual one on one appointments or with families to;

- enhance individual wellbeing through providing a listening space to identify goals and work out next steps.
- provide a supportive space for reflection, helping people make sense of personal and interpersonal challenges.
- explore options for services and referral pathways when you need more support.
- assistance with finding the right social connections to facilitate engagement with community.
- support empowerment by advocating for individual needs and working to increase access and participation in community.



TUESDAYS ONLY

Book required P: 5485 2427 or leave your contact details with the Front Counter Hosts at Community House.

- Assistance to link in with PCH social groups.
- Advocacy and support to access community services.
- One-on-one connection to assit with complex situations.
- Referral to other agencies for support with essential living expenses.
- Equity Resourcing access for immediate financial hardship by appointment and subject to availability.
- Budgeting support through Money Minded coaching.
- Parenting support wiht one-on-one delivery of Circle of Security parenting program.
- A welcoming space to have a chat and find information and supports for your needs.



Welcome new volunteers helping with the Equity Resourcing Program.

Adolescent Allies

Parenting Beyond Childhood

Parenting beyond childhood is a busy life stage and challenges can arise in the tween and teen years, with research in Australia revealing 49% of young Australians are experiencing high levels of psychological distress. Support for pre-teens and teenagers help them navigate the ups and downs of adolescence, and close family relationships can be protective in terms of risky teenage behaviours[1].

Parenting at this age and stage can have its own ups and downs, being new and exciting and it may also feel challenging, isolating, and occasionally really difficult.

This is the 'why' behind Adolescent Allies - a useful and welcoming group space to support the valuable role of parenting beyond childhood.

A place to come to refill your parenting cup.

Help us deliver something that is centred on the voice of our local communities parents.

We'd like to hear your voice. Please have a say in our survey on what a supportive parenting space looks like for you.

[1]References: Headspace National Youth Mental Health Foundation 2025; Raising children Network 2026; ABCnews 2019.

Are you parenting beyond childhood & would you attend a group space for social connection or support related to parenting a young person aged 8 and up?

https://forms.cloud.microsoft/r/HMEtnYqCg2

PCH Survey on what local parents are wanting & needing

Scan the QR code and let us know. Questions include:

- What would bring you to a parenting group? Is it information or education, learn strategies to deal with behaviour challenges, a chance to get out and share a cuppa with others parents, or a chance to do craft or activities in a group space with others?
- Or does connecting in the digital world work better for you?
- What are the barriers that make it difficult to attend this type of group? Work, transport, lack of childcare, concern of costs or just too busy?
- What are the best days and times?
- What are the right snacks and nibbles to get you here? Or does something more substantial help?



We can't promise to get it right for everyone but we want to create a warm welcoming environment to support those parenting into adolescence and beyond.

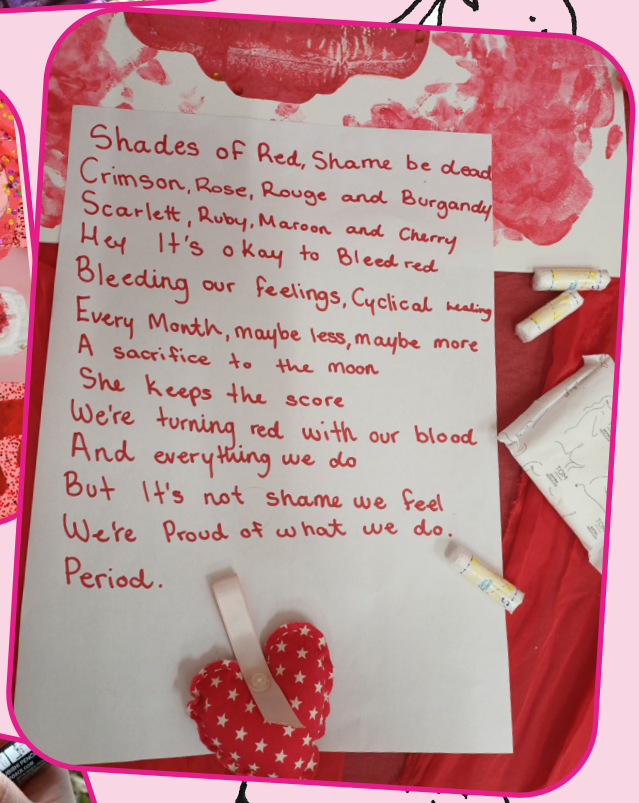
Survey closes Monday 18 January 2027. Group re-starting February. If prefer, paper copy of survey at Community House.

INKED

young people leave their mark







Entry into Share the Dignity 'Period Pride' competition.





The Social

Arts & Eats & Chats

A space for young people

Spring has sprung at The Social and bouquets of community garden flowers have been picked, and wild weeds foraged - coming up we'll be exploring the healing properties of plants as we make herbal first aid kits and bake with native bush foods. We've been getting out and about, enjoying the murals of Pomona and celebrating a special occasion with a picnic at Cooroora Creek Park. Our festivities have included henna body art and facepainting by one of our talented young people, and as ever, The Social is bursting with inspiring arty and crafty creators. Beaded bracelets, clay creations, finger-knitted headbands, stress balls, felted and knitted creatures, a successful entry in the Brisbane Illustration Fair and a multimedia art installation to celebrate Period Pride– our young people's creative expression makes the world a better place.

All genders & beyond binary young people welcome.

Facilitated by PCH's Young People Program Officer, Kate Rose







Speaking of creativity, The Social are getting ready to premier their short film, 'Murder on Maple Street' and want to shout out a big thanks to film maker Jacob for sharing his skills. A gratitude-over-food shout-out to Rekha who always spoils us and came along to show The Social crew how to cook amazing curries; one day soon it will be our turn to invite community to our table.

every Wednesday



The Social

12-17 years
Wednesdays 3-6pm

A facilitated space we like to call Arts and Eats, because alongside the food you can play music, make zines, collage and draw. It's a relaxed hangout where art, music and games are all on offer. Meet at Lawson Shed.

Pop-Ups



The Social

18-25 years

Are you 18-25 yrs and keen to activate a pop-up gathering? Let Kate Rose know, drop by PCH or text 0490 801 618

In the

PCH Garden for Community



Observing.
Caring.
Harvesting.
Sharing.

Volunteer in the garden

Fridays 9.00am to 10.30am(ish)

Join PCH Community Garden Volunteers and get your hands in the soil and help us grow.

- Watering
- Weeding
- Plant signage
- Planting & Pruning
- Harvesting
- Tool care & shed organisation

Bring a hat, water bottle and snack.

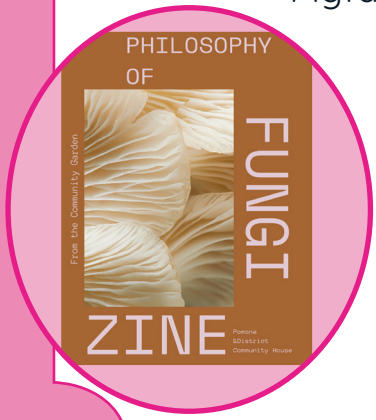


Have you grabbed a 'zine'?

as part of Gather & Grow project a number of information 'zines' have been created to share knowledge of some simple ways to add nutrition to meals and build confidence in your food garden.

Mini Maga'zine' on:

- Mushroom Plant
- Chocolate Peppermint
- Cranberry Hibiscus
- Tumeric
- Strawberry
- Upland Cres
- Pigface



Drop by Community House and grab a zine.

We also have the zine 'Philosophy of Fungi' created by community at the garden share space in April 2025 :)
A great read.

Garden for Community @ Community House

Gather & Grow (G&G) remains as a core component of PCH's garden programs.

G&G aims to provide a manageable entry into food security, health and well-being, and social connection.

G&G provides education on a range of nutrition adding plants covering 6 components: See it. Learn it. Pick it. Cook it. Grow it. Share it.

With volunteers we'll keep propogating for the community from our garden, sharing knowledge through mini-zines, and most importantly building on and strengthening connections and local knowledge across all the community gardens.

Sharing & learning from each other is what it's about.



Strawberry zine to go with strawberry runners from garden.

Gather & Grow

connecting community through food & garden

Dear Community,



Have you seen the ever so dainty Evening Primrose flowers in the garden. We picked some for a vase in Community House and they just keep going as the buds open. A little joy every day.

And the smell of gardenias is in the air. The recently planted - Leptospermum Ballerina (Leptospermum scoparium) - came alive with beautiful little pink blossoms for the pollenators to enjoy. Next up the Firewheels will be coming.

The tomatos are being enjoyed by The Social crew and Neocaring, and celery will be harvested soon.

So why not drop by on a Friday morning. We're a garden for community needing all types and levels of those keen to spend some time with the natural world, play, and create. Plus

come join us on Fridays
In kindness the garden crew





Thanks Val for bespoking our letterbox and the little pop up figurines in our gardens. We love your work and look forward to seeing what next sprouts from fibres

Thank you!!

Thank you to all those out there in their own community gardens volunteering, growing and holding local knowledge.



Help us Grow

PCH Member catch up & Annual General Meeting



Volunteer organisations create thriving communities by fostering a culture of collaboration, compassion, and empowerment, where individuals come together to address local needs, build meaningful connections, and make a positive impact.

Did you know that many of our local not-for-profit organisations and groups are managed by community volunteers? Yes, they are! To operate their services for the community, these organisations require a management committee. The management committee is a requirement of each organisation's constitution and is comprised of a President, Treasurer, and Secretary, elected at the yearly Annual General Meeting (AGM).

PCH is inviting new committee members to contribute their skills in community development, social work, HR, finance, and IT. It's a fantastic way to be an active citizen and contribute to your community.

PCH Annual General Meeting
Thursday, 19 November
4:30pm to 6:00pm

4:30pm drinks & nibbles
5:00pm Annual General Meeting

PCH Management Committee roles:

President: To provide team leadership and governance regarding the direction of Pomona & District Community House (PCH). This is a voluntary position.

Secretary: To maintain records and ensure the ongoing functioning of PCH. This is a voluntary position.

Treasurer: To be responsible for the financial management of the organisation. This is a voluntary position.

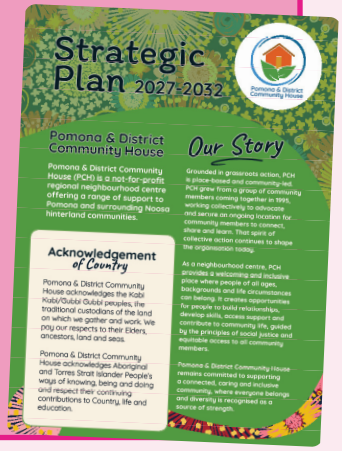
Committee Member: generally 2-4 committee members will be elected to the Management Committee in addition to the above positions. These are voluntary postions.

Join to be a PCH member $5 per person for a year. July to June. Only current 26/27 members have voting rights at the AGM. Membership is approved at each Management Committee meeting.

new

Strategic Plan 2027-2032

Centre pullout of Strategic Plan in this edition of What's On or scan QR



Random Acts of Kindness

The true spirit of the festive season is the kindness we show each other. The smallest gesture can become someone's most treasured memory. What a gift!

The holiday season is not always a great time of year for everyone. It can get busy, people may feel time poor or overwhelmed, and perhaps feelings of loneliness are stronger.

A simple act of kindness is a great gift.

A small gesture can have big ripples.

As we head into the end of year and the begin a new one, Coordinator Heather shares some ideas of an act of kindness to get the ripples going.

- Write a heartfelt card or letter to someone who may be lonely.
- Pay for a stranger's coffee.
- Offer to help an elderly neighbour with shopping
- Leave a positive note for a work colleague.
- Bake some treats and share them with neighbours.
- Call or visit someone you haven't spoken to in a while.
- Let someone go ahead of you in a queue.
- Give genuine compliments to people throughout the day.
- Make a handmade gift for a friend of loved one.

Noosa District State High School Mental Health Week

PCH were invited to take part in Noosa District SHS 'Mental Health Week' activities in October and it was wonderful to hear young people share their wellbeing wisdoms. Watch this space- we have a feeling that when you get the chance to read their advice on caring for mental health – it will really fill your cup.



Thanks local emerging artist Georgie for 'What Fills Your Cup' artwork.

Thank you to the community members who run a regular social groups!

Regular Groups

Mondays



Boomerang Bags
9.30am-3.00pm
Every Monday
(meets all Dec & Jan)
Tackling plastic pollution at its source.



Tuesdays



Cuppa, Cake and Conversation
10.00am-12.00pm
2nd & 4th of month
8Dec & 12Jan. Not on 22 Dec
Social connection over a cuppa.

Tuesdays



Creative Connections
10.00am-12:00pm
1st & 3rd of month
(not on 5 Jan)
Creative space for community.



Cards - Playing 500
1.00pm-3.00pm
Every Tuesday
(not on 22, 29 Dec & 5 Jan)
Connecting over a game of cards & cuppa.



Tuesdays



Open Mens Group
6.30pm-8.30pm
3rd Tuesday of month
Mens Wellbeing. Men supporting men.
17 Nov, 15 Dec, 21 Jan



Wednesdays



Young People The Social: 12-17yrs
3.00pm-6.00pm
Every Wednesday
(not on 23, 30 Dec & 6Jan)
See page 7.

Wednesdays



EFT/Tapping Session
9.30am-12.30pm
25 Nov & 20 Jan

EFT in a group setting.
Contact Pam: 0439 534 056



Rummikub
1.00pm-4.00pm
Every Wednesday
(meets all Dec & Jan)
A fun social time.



Pomona Astronomy Club
7.00pm
4th Wednesday of month
(26 Nov & 26 Feb only)
Contact Cliff: 0474 025 215

The Lawson Shed & Community House

1 Memorial Ave, Pomona
Ph: 07 5485 2427

Community House
The Lawson Shed
$3 donation

Thursdays



Unravellers Knitting
9.30am-12.00pm
Every Thursday
(Not on between
10 Dec to 7 Jan)
Social connection through knit.



French Group
12.30pm-3.30pm
1st & 3rd of month
(Not on 7 Jan)
Conversational French.



Pilates with Amy Block
4.30pm-5.30pm
Every Thursday
(Not on between
24 Dec to 7 Jan)
Book with Amy:
0409 766 634



Fridays



Mummas Village
9.00am-11.30am
Every Friday
(not on 25 Dec & 1 Jan)
For all those mothering in community.



Fridays



Garden for Community
9.00am-10.30am
Every Friday
(not on 25 Dec to 8 Jan)
Come participate and help us grow. See page 9







Sundays



Alcoholics Anonymous
6.30pm
Every Sunday
(meets all Dec & Jan)

Weekdays



Pomona Pacers Walking Group
6.30am (Oct-Mar)
7.00am (Apr-Sep)

Meet at PCH Noticeboard.

Thank you

November/December/ January

For full details on events, see our website.

Thanks Unravellers Knitting Group for the cotton scarfs for summer. Dampen a scarf and it'll cool you down.

Thanks to local textile artist Val who is always up to splashing fibres and colour and saying yes. "Val can you purple us up for Wear it Purple Day?" Yeeesss!!!

Thanks Sandra for the interesting article shares.



Thanks to all the students at Pomona State School for paying it forward with a donation each of an item to our community pantry. And Wayne for the box of mandarins,





There are so many people who contribute in so many ways. By a wave, a smile, a kind word, doing the dishes, a reminder to 'breathe' when it's all a bit busy. Or bring flowers or chocolates to say thank you for the help. The PCH team appreciates you and we feel so lucky to have these connections.

Thanks Rosemary for raising money at the Pub the donation has help stock the community pantry

Thanks John the JP (Dance break with Miatta)

Thanks volunteer Brenda from Tax Help

Supporting our local businesses means you're supporting Community House too!! It takes a village.

Cooroy RSL Community Donation program AND Cooroy Rag Community Funds program. Thank you!

Thanks Les & Mitch at Pomona Newsagency for letting us takeover your window from time to time, and for keeping The Social arts, eats & chat 12-17yrs crew stocked with magazines for all things 'zining' and collaging.

Thanks Harry & Gary at Shell Garage Pomona for your financial donation to Community House we appreciate your kindness.

Thanks Club Pomona for your financial donation to our projects.

Thanks Hinterland Dental Pomona for your financial donations to our Equity Resourcing Project.

Thanks Pomona IGA for housing our community pantry donation box & thanks to all the community members to contirubte.

Huge thanks again this year to Marg & crew at Pomona Hotel for their ongoing generous food deliveries to the community pantry. It's like christmas when the delivery comes.

Pomona & District Community House

Special Event

Call/Email to book

Walk-ins welcome

Book with QR code



Back again this year!

Christmas Wreath Making Workshop

Saturday, 12 December

9am to 12pm, Lawson Shed

Come and join us for this all-inclusive community event. A morning of fun for all ages, abilities and cultural backgrounds. Gold coin donation appreciated. Your wreath creation is yours to keep.

Volunteer Facilitators: Virginia Howie (Dip Fine Art, RMIT) and Wendy Hartnell (Assoc. Dip Visual Arts, BCAE) draw their inspiration from their Arts backgrounds and share a desire to bring the joy of creativity to the community during this festive season.

Wreath frames are available, made from organic materials in a range of sizes. All equipment and a variety of decorating materials with a Christmas theme are supplied. These include ribbon, gumnuts, pinecones, baubles, flowers, bells, tinsel, etc; or you can bring your own materials and any special objects you would like to include in your wreath.

Bookings appreciated. Email info@pomonacommunityhouse.org.au, phone 07 5485 2427. (but if you forgot to book still come on the day)

Thanks Wendy & Virginia for volunteering your time and skills for a fun morning of creativity & connection.









GATHAA First Nation Markets Healing with Country



The rain didn't stop us on Saturday, 12 September from hosting GATHAA First Nation Markets. The markets move location each month across Kabi Kabi/ Gubbi Gubbi and Jinibara Country, cretaing a space for connection, creativity and community. gathaamarkets.com.au.

Thank you to Aunty Rosie Lang, Aunty Dale Chapman, Renee from Murri Girl Designs, Daz, Jade Lovejoy and Next Gen creative Amelia Hughes for sharing your knowledge, skills and creativity with the community. Thanks Noosa Council Community Connection Branch for funding the workshops. And thanks Carissa! We can't wait to have you come to Pomona again.

Thank you to everyone who came along joined in an activity and/or purchased from the amazing First Nations makers stalls. Thank you for being part of the warm welcome to GATHAA.











Social Snaps & Connections

Photos from our activites

Celebrating 'elders'

Tuesday, 13 October was a day of chats, laughter, song, jazz and food. Thanks everyone who was able to come along on Tuesday for our Celebrating 'elders' (the collective decided language chosen on the day). What a great day of connection, good food, music - thanks Pomona State School Choir. Thanks Noosa Jazz for getting everyone singing, and there was great laughter thanks to Majestic Theatre's silent film. Lets do it again next year!







Pride Party - Wear it Purple

Community House “wore it purple” on Friday 28 August to show our support for LGBTQIA+SB young people and ‘WEAR IT PURPLE’ day. Craftivism by our talented pixie brought beauty to the House and helped to raise awareness of this year’s theme- ‘Colours of Courage’. See page 14.







‘Pride Party - Wear It Purple’ on 15 August was an amazing community event celebrating rainbow pride with our LGBTQIA+SB community and allies! People came to the beautifully decorated Majestic Theatre from across the Noosa hinterland, Mary Valley, Gympie, the Sunshine Coast and as far as Brisbane for this truly welcoming, inclusive and intergenerational dance party. Thank you to everyone who worked hard to make the evening as special as it was.



‘Thanks event volunteers Amy, Mon & Stella.

Community Support & Services

Pomona & District Community House

Services Australia Agent Weekly (as per times below)

Tuesday & Thursday
9.30am-12.30pm
Drop in only.

Wednesday
9.30am-1.30pm
Drop in only.

Pomona & District Community House staff are trained as Services Australia Agents and can provide:

- Help registering for digital services with Services Australia.
- Provide support to access Services Australia if a customer can't access digital services.
- Confirm identity documents and photocopies needing to be submitted to Services Australia.
- Support customers with upload of documents.
- Support access and use of myGov app.

YOUTURN

YouTurn - Homelessness Support

Enhanced Outreach Support
Wednesday, Every week - Drop In.
9:30am-12.00pm
P: 0400 553 277
E: tewantinoutreach@youturn.org.au

Find out more about Youturn + how we can support you!

YouTurn is located in Tewantin, 12 Earnest St and can help with

- Washing, showers kitchen & wifi - Weekdays 8:00am-12:30pm
- Community Meals - Shared Dinner Tuesdays 4:30pm-6:30pm and BBQ Breakfast Fridays 8:00am-9:00am.
- Emergency Relief available Mondays and Fridays 9am-3pm by appointment only 07 5442 4277.
- Financial Counselling & Resilience by appt. 07 5442 4277.
- Homelessness Support Youth Crisis Accommodation (16-25yrs) phone 0458 301 992



Lives Lived Well

Lives lived Well
12 to 25 year olds
Thursdays. Every week
9:00am to 3:00pm
Drop in.
liveslivedwell.org.au

Travis P: 0400 405 128
Youth AOD Counsellor

Jake P: 0427 164 914
AOD Youth Peer Worker

You don't have to figure it out on your own. If alcohol, vaping, cannabis, or other drugs are making life feel harder—or if you're worried about a friend, brother, sister, or family member, we're here to listen.
You can refer yourself, a friend, or a family member, no GP referral needed.

Call and have a chat or scan QR to self-refer.

MAKING LIVES MATTER COMMUNITY OPSHOP

Making Lives Matter

Community Support Worker onsite

Fridays. Every week.
9:00am-2.00pm
Drop in or book a time
P: 0416 570 154
E: connect@mlm.org.au

Support for financial hardship & service referral pathway, food, clothing, transport, education and employment support, housing questions.

Support & Services Calendar

FREE: Located in Community House

Tuesday	Wednesday	Thursday	Friday
PCH Services Australia Agent Drop in. Weekly. 9.30am-12.30pm	9.30am-1.30pm	9.30am-12.30pm	
PCH Community Support Free wifi, phone charge, cuppa & community pantry access. Weekly. 9.30am-2.30pm	9.30am-2.30pm	9.30am-2.30pm	9.30am-2.30pm
Noosa Council Library Bookshelf Available every week. 9.00am-4.00pm	9.00am-4.00pm	9.00am-4.00pm	9.00-4.00pm
Footprints Care Finders 4th of month 9:00am-12:00pm	**Justice of the Peace** Weekly 9:30am-12:30pm **YouTurn Homelessness - Enhanced Outreach Support** Weekly 9.30am-12.00pm	**Lives Lived Well support for 12-25 year olds** Weekly 9.00am-3.00pm **St Vincent de Paul Welfare Support** 1st and 3rd of month 9.30am-12.00pm Can do home visits call 07 5459 5281 5 & 19 November 3 & 17 December 21 January **MOB Pod** 4th of month 9.30am-3.00pm see QR code pg18 1800 662 763	**Justice of the Peace** Weekly 1.00pm-3.00pm **Making Lives Matter Community Support Worker onsite** Weekly 9.00am-2.00pm **Oz Harvest** Weekly Drop off food for community pantry. **Come help us keeping food out of landfill.** Take some for yourself Share with your neighbour.



Support & services are generally drop in, unless otherwise specified.

Hinterland Connections



Pomona Pool's Open

Pomona State School
74 Station Street,
Pomona
P: 0439 675 011

Monday to Thursday 2:30pm-7:00pm
Saturday 7:00am-12:00pm
Casual swims $6
Lessons for kids starting from $20
Enjoy a recreational swim or do laps.



Cooroy Community Garden

26 Emerald St,
Cooroy

Every Thursday
9.30am to 11.30ish

Enjoy a community gathering in the Gardens. We come together to garden, cook, share ideas and seed save followed by a shared brunch. All levels of fitness and interest accounted for.



Pomona Under the Stars

Thursday, 26 November
from 5:30pm

Pomona State School annual event. All Community Welcome.
Pomona State School Oval



Boreen Point Edible Garden Group (EGG)

Meet 1st Monday of month
8am, Woongar St,
Boreen Point



Kin Kin Community Group

57 Main Street,
Kin Kin

Kin Kin Market

1st Sunday of month
8.00am-12.00pm
Kin Kin Oval

Kin Kin Morning Tea

2nd Monday of month
9.30am-11.30am
Kin Kin Community House
office.kkcg@gmail.com



Federal Hall

1642 Bruce Highway,
Federal
For hall enquiries,
P: 0413 090 548

Cooroy Pomona Lions Club Pomona Night of Lights Thursday, 10 December
Stan Topper Park

Hinterland Connections



Cooran Organic Garden (COG)

King Park, King St, Cooran
coorancog@gmail.com
All Welcome.

COG Connections @ the garden

Every Thursday
Summer: 3:30pm - 5:30pm Winter: 2:30pm - 4:30pm
catch up and weed, tidy, mulch, etc

Every 3rd Sunday of month 7:30am-10:30am
working bee with morning tea

COG is a harmonious, fun, friendly, creative and inspring place for growing fruit & veg & community. Come along to our open sessions, meet new friends and get your hands dirty if that's your thing! Or share a skill with the group. COG is registered with Centrelink as a volunteering organisation.



Cooran Hall

14 King Street, Cooran
W: cooranhall.org.au

Cooran Acoustic Music NightCooran Acoustic Night and Hall Happenings



Cooran Action Collective

Our mission is to:

- Develop relationships and create a strong social fabric that connects residents, businesses and community groups
- Provide a forum where all Cooran citizens can participate in shaping the future and resilience of our village
- Serve as a focal point for engagement with Noosa Council — nurturing that relationship and advocating on behalf of our community
- Advocate for infrastructure and services that reflect community priorities — improving safety, liveability and environmental sustainability for residents, visitors and businesses.
- Protect what makes Cooran special — our inclusivity — ensuring Cooran remains a place where people of all ages, backgrounds and abilities can live and belong.

Introducing the Cooran Action Collective - We are Cooran, for Cooran. We welcome all Cooran-ians to join us as we seek to bring people together, support local initiatives and nurture a thriving village for everyone. Whether you're a long-time resident or new to the area, we invite you to connect, contribute, and be part of shaping Cooran's future.

Sign up to our email newsletter to get info on regular meetings, events and opportunities. Sign up at www.cooran.com.au, or email action@cooran.com.au

Pomona Railway Station Gallery



10 Station St, Pomona



Carriage Room

24 October - 19 November
Carole Hampson - Inspirations in Colour

Carole captures bright, beautiful subjects while experimenting with styles, mediums, colour combinations and techniques. She draws inspiration from 26 years of living and working abroad, as well as from the beauty of the area – Noosa and Hinterland - she now calls home.

21 November - 16 December
Kathy Gallagher - Noosa Impressions

People's Choice Winner
in the gallery's inaugural Local Emerging Artist Prize, 2026.
Kathy's exquisite impressionist pastel paintings are a celebration of coastal life. Her paintings explore everything from busy Noosa beach scenes to quiet moments walking the dog. Kathy captures the beautiful warm light, sparkling water, rolling waves so familiar to those who love Noosa.

9 January - 2 February
Tom Murray - Intimacy

Tom's exhibition immerses the viewer into his intimate relations with the coast and hinterland's natural surrounds. The expressionist artists works with both 2D and 3D art forms. Using acrylics for his paintings, Tom says he is inspired daily by his grandmother, a talented landscape painter.

Banana Shed

6 November - 3 December
Jan Murphy -
Earth, Water, Memory - Images of place, landscape and recollection

Featuring Jan's paintings and photography, this exhibition explores her preferred abstract style across both media. Self-taught, Jan is drawn to colour, shape and loose brushwork. Her photography is largely traditional, though she sometimes stretches and weaves images to create abstract effects.

4 - 30 December
Artists Alliance Australia - Colour Fusion Fiesta

Six artists - all with a passion for colour to generate emotion and drama yet used differently to express feelings in paintings. And all different mediums and styles, creating a true fiesta! And it all started six years ago when seven members of the Caloundra Arts Centre decided to start exhibiting together. There are now 20 members crossing all art genres and mediums.

9 January - 2 February
Robyn Glade-Wright - Hinterland

Robyn's artwork includes textiles, photographs, digital images and hand dyed hangings. This is her 47th solo exhibition in public or private galleries Her works call attention to the role humans have played in climate change, environmental pollution and species loss. Beauty is used subversively in many of Robyn's creative works and underlying messages goad the viewer to reflect on fostering a sustainable future.

Pomona Memorial School of Arts Hall



7-9 Reserve Street, Pomona

Monday

Zumba
9.30am-10.30am
Contact: Cathy Tapper
Phone: 0428 161 622

JKA Karate
6.00pm-7.00pm
Contact: Kim Vines
Phone: 0422 373 198

Tuesday

Pilates
8.30am-9.30am
Contact: Amy Block
Phone: 0409 766 634

Line Dancing
6:00pm-7:00pm
Contact: Georgia Grayson
Phone: 0458 642 442

Table Tennis (Lower Hall)
5:00pm-7:00pm
Contact: Peter
Phone: 0448 882 600

Wednesday

Indoor Bowls
9.00am-11.30am
Contact: Alen Kenzler
Phone: 07 5447 6223

Yoga
6.00pm-7.00pm
Contact: Di Morrison
Phone: 0410 201 070

Thursday

Stretch Yoga
8.30am-10.15am
Contact: Andy Pike
Phone: 0415 734 180

JKA Karate
6.00pm-7.00pm
Contact: Kim Vines
Phone: 0422 373 198

Friday

Table Tennis (Lower Hall)
9.00am-11.00am
Contact: Peter
Phone: 0448 882 600

Sunday

Pomona Christian Outreach Youth Group
3.30pm-6.00pm

Pomona Red Cross Op Shop

Wednesday to Friday: 9.00am-4.00pm
Phone: 07 5360 6812

Hall Hire & Enquiries:

Heather Manders: 0411 114 077

Pomona Meals on Wheels

Monday, Wednesday, Friday
Irene Gibbs: 07 5485 1777 or 0459 112 877

Pomona Memorial School of Arts Inc is proudly supported by Noosa Shire Council.

Community Spirit at its Best

JP Service

Wed: 9.30am-12.30pm
Fri: 1.00pm-3.00pm

PCH Events

Monthly special events & weekly regular groups: see inside and website.

Room Hire

Rooms available for hire. See website for details.

Office Services

Printing and Photocopying
Scanning and Laminating
Free Computers and WiFi Access
Space to sit and work
Resume support (by appt)

Services Australia Agent
(see page 19 for hours and support)

Get involved

We welcome your support and involvement with PCH

Become a PCH member
Volunteer at the house
Start a group activity
Make a donation

Community Support

9:30am - 2:30pm
Tuesday to Friday
(see calendar on page 19)

Tea, Coffee & Biscuit
Phone Recharge Access
Access to Art Supplies

Frozen Pre-Cooked Meals
(Thanks to Urban Angels Community Kitchen for meals and funding by Waves of Kindness)

Community Pantry
(Thanks to our local businesses and community who help stock it & Oz Harvest)





Thanks to support from *SunPrint Pty Ltd*, Cooroy for printing What's On: Printing entirely powered by the sun. Thanks to *Jemma Pollari: Design* for newsletter design.

Scan to visit website for events, services, volunteer and more.

Open Tuesday to Friday 9.00am-4.00pm

Follow us on Facebook

Pomona & District Community House
07 5485 2427
1 Memorial Ave, Pomona
pomonacommunityhouse.org.au